

Brainspotting Phase 2 IN PERSON AGENDA

Updated 11-18-21

DAY 1

MORNING

9:00 - 10:30 AM Introductions, Review of BSP Phase 1 extensive Q&A.

10:30 - 10:45 AM Break

10:45 - 12:30 PM Intro to Phase 2 including PowerPoint lecture and Q&A

12:30 - 1:30 PM Lunch

AFTERNOON

1:30 - 3:00 PM One Eye BSP demonstration, debrief

3:00 - 3:30 PM Break

3:30 - 5:00 PM One Eye BSP practicum

5:00-5:30PM Debrief

DAY 2

MORNING

9:00-9:30 Check in

9:30-10:45 AM Z-Axis and Vergence, demo, debrief.

10:45-11:00 AM Break

11:00-12:30 PM Z-Axis and Vergence practicum

12:30-1:00PM debrief

1:00-2:00 PM Lunch

AFTERNOON

2:00-3:30 PM Inside-Outside Window demo, debrief.

3:35-3:45 PM Break

3:45-5:15 PM Inside-Outside Window practicum

5:15-5:30PM debrief

Day 3

MORNING

9:00-9:30AM Check in, debrief

9:30 – 11:00AM Rolling Brainspotting brief demo, debrief

11:00 - 11:15AM Break

Brainspotting Phase 2 IN PERSON AGENDA

Updated 11-18-21

11:15 – 12:15AM Rolling Practicum

12:15-12:30PM debrief

12:30PM-1:45PM Lunch

1:45-3:00PM Introduction of Advanced Resource Model demo (One-Eye and Z Axis Brainspotting Frame) debrief

AFTERNOON

3:00-3:15 Break

3:15 - 4:45 PM Resource Frame of One-Eye and Z Axis Brainspotting practicum

4:45-5:30 debrief and wrap up