

Brainspotting

Phase I

Santa Fe, NM

What is Brainspotting?

Brainspotting is a powerful, focused treatment method that works by identifying, processing and releasing core neurophysiological sources of emotional/body pain, trauma, dissociation and a variety of challenging symptoms. Brainspotting is a simultaneous form of diagnosis and treatment, enhanced with BioLateral sound, which is deep, direct, powerful yet focused and containing.

Seminar Objectives

Through lecture, live demonstration and small group practice participants will learn to do the following:

- Define the components of Brainspotting
- Utilize the techniques of "Inside window", "Outside window" and "Gazespotting"
- Define how Brainspotting can be applied to Trauma, Dissociation, Sports psychology, Somatic conditions
- Demonstrate the theories and practices of Brainspotting

Who

Classes are open to all counselors, psychologists, and students who are curious and seek to expand their knowledge.

Click on CE Disclosure button on registration page before purchasing CE's.

Earn 21 CE's for training (*Additional Cost*)

When

September 27th - September 29th, 2024
9:00 am - 5:30 pm

Where

Courtyard By Marriott
3347 Cerrillos Road
Santa Fe, NM 87507

Register

<https://cherielindberg.com/s/iqivaqoplkaz>

Questions

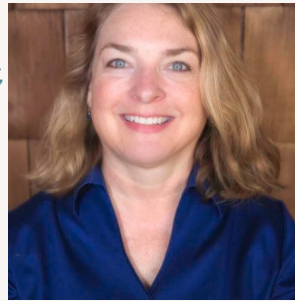
Paul Lindberg - Office Manager
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Cherie Lindberg

*Brainspotting Trainer & Consultant,
MSE, LPC, NCC*

Cherie Lindberg, is the owner of Get Connected Counseling & Consulting, LLC, has been in the counseling field for more than 20 years. She is a Licensed Professional Counselor, Nationally Certified Counselor, Brainspotting Trainer & Consultant. She is also certified in Imago Relationship Therapy and trained in EMDR. Her specialties include performance enhancement, life transitions, personal growth, anxiety disorders, marital therapy, stress management, PTSD, and ego state therapy.



Melanie Young

Melanie Young

Dr. Melanie Young received her PSYD from the University of Denver, School of Professional Psychology. She has over 34 years of clinical experience and has been in private practice for 24 years. She works with couples and individuals. She assists adolescents, adults and seniors in overcoming difficulties with trauma, mood issues, anxiety, grief, brain injuries, ADD, and chronic illness. She was first trained in Brainspotting in 2007 and is a trainer and consultant. She can be contacted at info@melanieyoungpsyd.com.

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