

# Brainspotting

Brainspotting & Parts Work

Online

## Seminar Objectives

Through lecture, live demonstration and small group practice participants will learn to do the following:

- Demonstrate ability to identify, track, and attune to client's parts.
- Identify and understand tracking of physiological reactions of the client.
- Distinguish when to use implicit vs. explicit parts work.
- Evaluate affect tolerance and Limbic countertransference through attunement with client and self.
- Apply, practice, and integrate interventions with Brainspotting when needed with parts work.

## Who

Classes are open to all counselors, psychologists, and students who are curious and seek to expand their knowledge.

Click on CE Disclosure button on registration page before purchasing CE's.

Earn 21 CE's for training (*Additional Cost*)

## When

November 12th - November 14th, 2023

9:00 am - 5:30 pm

## Where

Online

## Register

<https://cherielindberg.com/s/ukzqxmcgkaev>

## Questions

Paul Lindberg - Office Manager

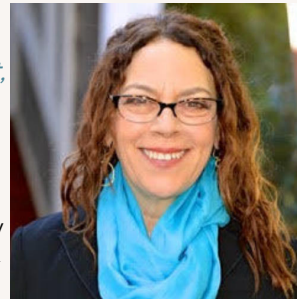
[paul@getconnected.works](mailto:paul@getconnected.works)



## Cherie Lindberg

*Brainspotting Trainer & Consultant,  
MSE, LPC, NCC*

Cherie Lindberg, is the owner of Cherie Lindberg LLC, has been in the counseling field for more than 20 years. She is a Licensed Professional Counselor, Nationally Certified Counselor, Brainspotting Trainer & Consultant. She is also certified in Imago Relationship Therapy and trained in EMDR. Cherie recently transition from counseling to coaching healers on thriving, flourishing, and leading a joyful life. Her specialties include performance enhancement, life transitions, personal growth coaching, relationship coaching, stress management, posttraumatic growth.



## Cynthia Schwartzberg

*Brainspotting Trainer & Consultant,  
LCSW*

Cynthia Schwartzberg, LCSW, owner of Cynthisis, has been in the counseling field for over 30 years and in Brainspotting since its inception. She specializes in trauma, PTSD, relationship issues, life patterns and transitions, performance enhancement, and spiritual guidance. She practices psychotherapy in Atlanta GA, and is President of the Southeast Brainspotting Institute.

CHERIE LINDBERG<sup>PhD</sup>

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