

# Brainspotting

Brainspotting Intensive Sedona AZ Group 1

Sedona, AZ

## Seminar Overview

The Brainspotting (BSP) Intensive was devised by David Grand, founder and developer of BSP to provide the ultimate learning experience for BSP therapists. The registration is capped at 10 participants and the schedule is five full consecutive days. How would you like to learn and heal in a relaxed, calm environment? Do you like to travel? Brainspotting Travel trips can combine the Brainspotting intensive experience along with travel.

There are ten experientials in the center of the group with each participant being the therapist once and client once. Cherie will sit next to the therapist and personally teach by guiding the therapist in the most attuned, technically advanced and innovative BSP process. Afterwards, each session is debriefed extensively in the group and this enhances everyone's learning process. In sum, the Intensive is a master class in developing skills as an advanced clinical BSP therapist. This is also a qualified path to achieving Brainspotting certification provided the Brainspotter has 50 documented Brainspotting sessions.

## Payment / Refund Policy

\$2000 is the cost of the Intensive including certification. Room and board for 6 nights which includes continental breakfast each morning is \$2,450.00. 100% refund if canceled prior to March 12, 2024 minus \$75 administrative fee after March 12, 2024 a 50% refund will be allotted until April 10, 2024. After April 10, 2024 if something happens attendee would be allowed to attend another intensive for up to 1 year from original date.

## Who

Classes are open to all counselors, psychologists, and students who are curious and seek to expand their knowledge.

CE's applied for

## When

April 24th - April 28th, 2024  
9:00 am - 6:00 pm

## Where

Villa de Sedona  
35 Pinto Lane  
Sedona, AZ 86351

## Register

<https://cherielindberg.com/s/msceymqxebpa>

## Questions

Paul Lindberg - Office Manager  
[paul@getconnected.works](mailto:paul@getconnected.works)



## Cherie Lindberg

*Brainspotting Trainer & Consultant,  
Ph.D, LPC, NCC*

I am a seasoned transformational coach, speaker, advisor, psychotherapist with a completed doctorate. I am dedicated to guiding those that mentor others, leaders, and high performers in embracing their life's purpose. With a focus on personal flourishing, I help individuals highlight their unique abilities and contribute positively to the world. I am committed to educating and mentoring fellow coaches, therapists, and healers in empowering them to excel in their fields and unlock their clients' fullest potential.

In addition to my practical expertise, I am a Brainspotting Trainer and Consultant, and specialize in integrating Brainspotting and IFS coaching techniques into my diversity of healing approaches. My mission is to continue uplifting and empowering those I work with, fostering a ripple effect of positive change in the lives of individuals, communities, and beyond.



## Pie Frey, Psy.D.

*Pie Frey*

Dr. Frey was trained in Brainspotting in 2006. She is the Senior US and Canadian Trainer and has assisted Dr. David Grand, the developer of Brainspotting, in many of his training workshops and intensives. She has trained hundreds of BSP therapists all over the United States and Canada in both Phase 1 and Phase 2 since 2009. She also facilitates Brainspotting consultation groups and offers individual consultation to other therapists. Dr. Frey founded and is the President of the [Rocky Mountain Brainspotting Institute](#) in Colorado, which is a nonprofit dedicated to educating the community about Brainspotting and developing a scholarship program for BSP therapies.'

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