Brainspotting

Clearing Limbic Countertransference | Folsom, CA

What is Brainspotting?

Brainspotting is a powerful, focused treatment method that works by identifying, processing and releasing core neurophysiological sources of emotional/body pain, trauma, dissociation and a variety of challenging symptoms. Brainspotting is a simultaneous form of diagnosis and treatment, enhanced with BioLateral sound, which is deep, direct, powerful yet focused and containing.

Who

Classes are open to all counselors, psychologists, and students who are curious and seek to expand their knowledge.

Earn 21 CE's for training *(Additional Cost)*

When

November 13th - November 15th, 2020
9:00 am - 6:00 pm

Where

Robert Miller Rotary Clubhouse Hall
7150 Baldwin Dam Road
Folsom, CA 95762

Register

https://cherielindberg.com/s/ZZnQThPi0vFx

Questions

Paul Lindberg - Office Manager
paul@getconnected.works

Cherie Lindberg

Brainspotting Trainer & Consultant, MSE, LPC, NCC

Cherie Lindberg, is the owner of Get Connected Counseling & Consulting, LLC, has been in the counseling field for more than 20 years. She is a Licensed Professional Counselor, Nationally Certified Counselor, Brainspotting Trainer & Consultant. She is also certified in Imago Relationship Therapy and trained in EMDR. Her specialties include performance enhancement, life transitions, personal growth, anxiety disorders, marital therapy, stress management, PTSD, and ego state therapy.

Cynthia Schwartzberg

Cynthia Schwartzberg, LCSW

Cynthia Schwartzberg, LCSW, owner of Cynthasis, has been in the counseling field for over 30 years and in Brainspotting since its inception. She specializes in trauma, PTSD, relationship issues, life patterns and transitions, performance enhancement, and spiritual guidance. She practices psychotherapy in Atlanta GA, and is President of the Southeast Brainspotting Institute.

CHERIE LINDBERG PhD

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